### **DR.VINILA V DESAI**

# BAMS, MD(RASASHASTRA EVUM BHAISHAJYAKALPANA)

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**CURRENT DESIGNATION:** ASSISTANT PROFFESSOR.

DEPARTMENT OF RASASHASTRA EVUM BHAISHAJYAKALPANA.

#### **EDUCATIONAL BACKGROUND:**

PURSUING PhD (RASASHASTRA EVUM BHAISHAJYAKALPANA) – I<sup>ST</sup> YEAR SCHOLAR FROM DESH BHAGAT UNIVERSITY, PUNJAB.

COMPLETED M.D. RASASHASTRA EVUM BHAISHAJYAKALPANA IN YEAR DEC. 2020 FROM CSJM KANPUR UNIVERSITY.

COMPLETED B.A.M.S IN YEAR MARCH 2014 FROM MUHS NASHIK.

COMPLETED H.S.C. IN YEAR FEB 2008 FROM KOLHAPUR BOARD.

COMPLETED S.S.C. IN YEAR MARCH 2006 FROM KOLHAPUR BOARD.

#### **POST GRADUATE SPECIALIZATION:**

RASASHASTRA AND BHAISHAJYAKALPANA.

### **POST GRADUATE THESIS:**

KAPARDIKA BHASMA: STANDARDIZATION AND QUALITY CONTROL ASPECTS.

MCIM REG. NO.: 1-78683-A.

NCISM PRACTITIONER Id: NR/AY/MH/0054666.

**TEACHERS CODE:** AYRB01727.

# **AREA OF INTEREST:**

TEACHING.

CLINICAL PRACTICE.

RESEARCH AND DEVELOPMENT.

# **TRAININGS UNDERTAKEN:**

INTERNSHIP PERIOD: COMPLETED FROM 24/03/2014 TO 26/03/2015.

1 MONTH TRAINING PROGRAMME OF PATANJALI YOGPEETH HARIDWAR(DIVYA YOG MANDIR TRUST) FROM 10/09/2015 TO 09/10/2015.

## **EXPERIENCE:**

1) POST HELD: AYURVEDIC PHYSICIAN.

INSTITUTE: PATANJALI CHIKITSALAY, KOTHRUD PUNE UNDER PATANJALI YOGPEETH

HARIDWAR.

DURATION: 01/11/2015 TO 30/11/2015.

2) POST HELD: AYURVEDIC PHYSICIAN.

INSTITUTE: PATANJALI CHIKITSALAY, FATIMANAGAR PUNE UNDER PATANJALI

YOGPEETH HARIDWAR.

DURATION: 01/05/2019 TO 10/04/2022.

3) POST HELD : ASSISSTANT PROFFESSOR – RASASHASTRA EVUM BHAISHAJYAKALPANA VIBHAG.

INSTITUTE: ALIGARH AYURVED MEDICAL COLLEGE, ALIGARH.

DURATION: 12/04/2022 TILL DATE.

# **CONFERENCE AND SEMINAR ATTENDED/ PUBLICATIONS:**

NATIONAL SEMINAR - 07/09/2017	NATIONAL SEMINAR ON PANCHAKARMA	DELEGATE
NATIONAL SEMINAR - 13/10/2017	CLINICAL ASPECTS OF RASAUSHADHIS	PAPER PRESENTATION
INTERNATIONAL CONFERENCE – 14/01/2018-15/01/2018	AYURVEDA FOR DISEASE FREE SOCIETY	DELEGATE
INTERNATIONAL SEMINAR – 10/05/2019 TO 12/05/2019	AROGYASANGOSHTI - THE YOGSHALA EXPO 2019	POSTER PRESENTATION
NATIONAL SEMINAR – 27/09/2019	RENAL DISORDERS AND ITS INDIGENOUS MANAGEMENT	PAPER PRESENTATION
INTERNATIONAL CONFERENCE – 29/11/2019- 30/11/2019	EMERGING TRENDS IN DELIVERY OF PHYTOCONSTITUENTS AND ETHNOPHARMACOLOGY— VALIDATION OF TRADITIONAL MEDICINE II	DELEGATE
NATIONAL WEBINAR – 21/10/2020	CLINICAL RASASHASTRA	DELEGATE
NATIONAL WEBINAR – 29/01/2022	PREVENTION OF NONCOMMUNICABLE DISEASES W.S.R TO DIABETES	DELEGATE
WEBINAR – 21/06/2022	INTERNATIONAL DAY OF YOGA 2022	PARTICIPANT
INTERNATIONAL AYURVEDIC MEDICAL JOURNAL – VOL 10, DECEMBER 2022.	A COMPREHENSIVE REVIEW OF PUNARNAVADI MANDOOR AND ITS EFFECT ON PANDU W.S.R. TO IRON DEFICIENCY ANAEMIA	PAPER PUBLICATION

INTERNATIONAL CONFERENCE –	9 <sup>™</sup> WORLD AYURVEDA	DELEGATE
08/12/2022 - 11/12/2022	CONGRESS AND AROGYA EXPO	
WORLD JOURNAL OF	SWARNPRASHAN : EFFECTIVE	PAPER PUBLICATION
PHARMACEUTICAL RESEARCH –	METHOD OF PREPARATION AND	
VOL 12 ISSUE 4, 792-797.	ITS BENEFITS	
NATIONAL WEBINAR –	AYURVEDA MIMANSA	PARTICIPANT
21/02/2023.		

#### **EXTRA CURRICULAR ACTIVITIES AND EXPERIENCE:**

CULTURAL SECREATARY: STUDENTS COUNCIL - SRUJAN KALPAKTECHA AVISHKAR 2012-2013,

BHAISAHEB SAWANT AYURVED MAHAVIDYALAY, SAWANTWADI,

MAHARASHTRA.

SUVARNPRASHAN CAMPS: HELD IN CORE AREAS OF MAHARASHTRA, PATANJALI CHIKITSALAY

PUNE, AAMC ALIGARH.

AGNIKARMA CAMPS: HELD IN PATANJALI CHIKITSALAY FATIMA NAGAR PUNE.
INTERNATIONAL DAY OF YOGA 2022: ORGANISING COMMITTEE. AAMC ALIGARH.

#### STRENGTHS AND KEY SKILLS:

EXCELLENT THEORETICAL KNOWLEDGE.

EXCELLENT VERBAL AND WRITTEN COMMUNICATION SKILLS.

GOOD KNOWLEDGE OF CLINICAL PRACTICES AND PROTOCOLS.

ABILITY TO HANDLE DIFFERENT TYPES OF PATIENTS WITH CHRONIC DISEASES.

GOOD KNOWLEDGE OF TECHNOLOGY AND COMPUTER HANDLING.

FLEXIBLE AND ADAPTABLE.

EXTREMELY MOTIVATED TOWARDS CAREER.

QUICK LEARNER.

POLITE AND SOFT SPOKEN.

AMONG THE TOP RANK HOLDER OF COLLEGE AT TIME OF GRADUATION AS WELL AS POST GRADUATION.

#### **AWARDS AND ACIEVEMENTS:**

1 ST PRIZE FROM HIMALAYA HERBALS AS FIRST RANK HOLDER IN FINAL BAMS.

### **INTERESTS:**

DANCING – COMPLETED SECOND LEVEL KATHAK EXAMINATION FROM AKHIL BHARATIYA GANDHARVA MAHAVIDYALAYA.

TRAVELLING.

READING.

# **PERSONAL INFORMATION:**

DATE OF BIRTH: 07/MAY/1991.

LANGUAGES KNOWN: ENGLISH, HINDI, MARATHI, SANSKRIT.



